



**CORONAVIRUS
UPDATE**

Keeping healthy

At our centre

We are closely monitoring the advice of the Auckland Regional Public Health Service and the Ministry of Health websites – information from these organisations are the first places you should check for the latest updates on Covid-19 (Coronavirus).

If you are coming in for a workout, a swim, spa or sauna, or to use any of our services, please take note of the following practices:

- If you are feeling ill at any stage, you should stay away from the centre until you are well.
- Our centre is well stocked of cleaning supplies and paper towels.
- After you finish using a piece of equipment, please use the cleaning spray and wipe dry with a paper towel and discard in the bins provided.
- Please use a towel while you are working out.
- Please don't spit.
- Take a quick shower before a swim or spa.
- Also please take a quick shower before and after using our sauna or steam room.
- Please follow the hand washing guidelines (wash for 20 seconds and dry thoroughly).

Membership suspensions – please talk to our staff or email us on aucklandleisure@aucklandcouncil.govt.nz

Find out more: visit the Ministry of Health website at health.govt.nz